# Illinois Certification Board



27th Annual Fall Virtual conference

October 24-26, 2023

# Illinois Certification Board, Inc.

### **Virtual Conference**

Further information on the link to log-in will be emailed to registered participants at a later date.

Please make sure to check your spam/junk folder for upcoming information, if it has not appeared in your inbox.

### **Handouts**

Handouts made available to ICB by the presenters will be posted on our website,

www.iaodapca.org one week prior to our conference for those participants who wish to view, print, and/or download them. Please note, not all presenters may post their materials.

# Tuesday, October 24th (6 CEUs)

8:15am - 8:30am

Welcome/Housekeeping Chris Boyster, Executive Director, ICB

8:30am - 11:45am

Workshop A
Shining Light on the Solution
Bob Carty, LCSW, CADC

Darkness may come in many forms. For our clients, it may appear as addiction, depression, anxiety, incarceration, or disconnection from others. For ourselves as clinicians, it may manifest as professional burnout, compassion fatigue, imposter syndrome, or career stagnation. In this workshop, we examine key concepts of positive psychology and how we can promote well-being and a hopeful future for our clients and ourselves.

**Workshop B** 

Cultivating of Trainers: Enhancing Your Training Skills

Laura Garcia, LPC, CADC, Gabriela Zapata-Alma, LCSW, CADC, Sarah Buino, LCSW, RDDP, CADC, CDWF, NMT and Kellie Gage M.S., CAADC

This workshop will support trainers who want to deepen their skills and take their training to the next level. Focusing on topics such as power dynamics, cultural considerations, performance skills, and fostering a supportive training environment; participants will be inspired and empowered to improve their training techniques and practices. Participants will also receive resources regarding contracts, fees, and how to provide CEUs.

11:45am - 12:45pm

Lunch Break

12:45pm - 1:00pm

Housekeeping

## Tuesday, October 24th Continued

1:00pm - 4:15pm

#### **Workshop C**

Training of Leaders – Navigating the Challenges of Cultural Change Don Pinkston, LCSW, CADC, ATE, ADHD-CCSP, Pam Woll, MA, CPS, Giselle Navarro, Ph.D., LCSW, CADC, and Michael Moran, MA, CAADC

This workshop is for current and future leaders in the field of addiction recovery. In a post-pandemic world, it is even more important to examine how culture impacts how well we work together. Examining workplace culture though the lens of equity, diversity and inclusion provides a framework that can enhance and inform recovery service delivery. Recognizing and understanding workplace culture and cultural humility allows for the removal of barriers to change in our organizations.

#### Workshop D

What to Do When Your Client Say They're Hearing Voices? An Integrated Treatment Approach for Co-Occurring Psychosis and Substance Use Disorders

Dominique Phua, LCSW, CADC

Nearly half of all people with severe mental illness (SMI) report substance use, however many clinicians feel unprepared to work with clients that experience co-occurring SMI and substance use disorders. This workshop will provide counselors and recovery specialists with entry level knowledge of psychosis spectrum disorders and practical skills to engage these individuals in treatment. It will give special attention on how to integrate treatment of SMI and SUD concurrently with emphasis on peer advocacy and engagement.

### Continuing Education:

All CEUs are ICB Certified AOD Counselor, with/without Gender Competent Endorsement and Adolescent Treatment Endorsement, Certified Prevention Specialist, Certified Associate Addictions Professional, Certified Recovery Support Specialist, Certified Assessment/Referral Specialist, Certified Problem and Compulsive Gambling Counselor, Certified Criminal Justice Addictions Professional, Medication Assisted Addiction Treatment Professional, Certified Family Partnership Professional, Certified Veterans Support Specialist, Certified Peer Recovery Specialist, CODP Category I/II/III, and Registered Dual Disorder Professionals Certified by other certification boards should contact their respective boards for CEU requirements.

ICB is a licensed CEU provider through IDFPR for LCSWs (159-000254), LMFTs (168-00013), LCPCs and LPCs (197-000010).

CEAP PDHs are available for the following workshops only:

Tuesday, October 24th

Workshop D What to Do When Your Client Says They're Hearing Voices? An Integrated Treatment Approach for Co-Occurring Psychosis and Substance

Use Disorders

Wednesday, October 25th

Workshop H Ethical Considerations

Please contact our office if additional information is needed.

NOT ALL workshops are approved for PDHs. Please contact our office if additional information is needed.

CEU certificates will be mailed to participants after the completion of the conference. Participants are expected to attend the entire length of each workshop to obtain CEUs. We appreciate your cooperation with this process.

Disclaimer: The workshops do not necessarily reflect the policies or practices of ICB, Inc.

# Wednesday, October 25th (6 CEUs)

8:15am - 8:30am

#### Welcome/Housekeeping

Chris Boyster, Executive Director, ICB

8:30am - 11:45am

#### **Workshop E**

The Value of Kinship: Supporting New Roles as a Caregiver Nancy J. Phillips, M.S.-Psy, CAADC, CFPP

"Parenting again," whether in kincare or as a grandfamily, the need for this role continues to increase as substance use issues create the need for a non-parent family member to assume responsibility for caring for our children – babies through teens. The most recognized in this situation are grandparents who are stepping up to fill the role. Kin are placed in positions of grief, concern of the loved one, the child's trauma, unexpected financial stress, legal issues and fear if the relationship is terminated. This workshop will explore issues and potential solutions for the grandparents/kin fulfilling the parenting role. A snapshot of family caregivers will be provided. A definition of who they are and what they do in this role will be shared. The participants will learn about the joint work of the RAISE Act Family Caregiving Advisory Council and the Advisory Council to Support Grandparents Raising Grandchildren. Information about support services, state and federal, for both emotional and financial will be shared. Ideas will be offered for taking care of caregivers, their own health and wellness, as well as creating a fun and rewarding environment.

#### Workshop F

Understanding Racial Trauma in the Treatment of Substance Use Disorders Maryse Nazon, Psy.D., CADC, CODP I and Lisa Vinson, Ph.D., LCPC, CADC, CODP I, CCTP-Level I, CCTP-Level II, ACS

Trauma has been recognized as a key contributing factor in developing and maintaining substance use disorder (SUD). Trauma incidents are not experienced the same way by all individuals, especially along racial lines. Because of these differences, the impact of racial trauma (i.e., trauma caused by incidents of interpersonal or systemic racism) primarily needs to be included in the assessment and treatment of SUD for People of Color and Indigenous individuals (POCI). This workshop will help participants understand how such impact limits the effectiveness of treatment approaches with BIPOC (Black Indigenous and People of Color) individuals with SUD and what culturally and client-centered strategies can boost treatment outcomes for that population. Learn how to use the Biopsychosocial Model framework to assess and treat individuals experiencing racial trauma. Explore clinical supervision, supervision issues, and advocacy.

11:45am - 12:45pm Lunch Break

12:45am - 1:00pm Housekeeping

# Wednesday, October 25 Continued

#### 1:00pm - 4:15pm

#### Workshop G

The Drama of Original Choice

Cheri DeMoss, MA, LCPC, CAADC, NCADCII, MAC, NCRS

Clients who struggle with addiction or have a parent who struggles with addiction, more often than not, live significantly dramatic lives. Whether the drama centers around friends, family, job, money, romantic relationship or entanglements with the law, it feels as if it comes out of nowhere. This workshop will focus on the concept of original choice, whether conscious or unconscious. An original choice, made by clients, that create a sequential snowball of dramatic consequences. This self-inflicted drama feels normal and at the same time miserable. Participants will learn how to help clients identify when they are making an original choice. Where the decision comes from, and what beliefs it supports. How to help clients recognize the drama patterns they create and what to do about them will also be discussed.

#### **Workshops H**

**Ethical Considerations** 

George K. Rafeedie, MPA, CSADC

This workshop will provide a capstone review of the Code of Ethics as it relates to legal issues, dual relationships, self-care, clinical supervision, fairness and other areas. Participants will review various scenarios and apply the rules and codes to their decisions in critical situations. Weighing those decisions via evaluation of utility, rights, justice, common good and virtuous, while balancing all of this with their own values and morals.

### **Important Information**

- You will need a laptop or other device with a camera and speakers to stream the live conference via Zoom. Please make sure to use Zoom desktop client or mobile app when joining the workshops. We encourage you to visit Zoom.us and under Support, you may test Zoom on your device in advance.
- IDFPR requires participation to be tracked for virtual trainings. For this reason, to earn CEUs, ICB is required to confirm that each person is participating fully in the event. In order to document your full participation, it is your responsibility to keep your video on, participate in all polling questions and attend the entire length of the workshops. This means that participants cannot call in only by phone. Polling questions will be implemented throughout the workshops that participants must respond to in order for us to track who did or didn't respond.
- Please do not register for workshops that you have already attended at a past event.
- Make sure your full name is listed in Zoom to document your attendance correctly.
- We appreciate you giving this virtual conference the same amount of attention and respect as an in-person conference Please do not schedule other tasks or events during the conference.
- Make sure to check your junk/spam folder if you think you have not received your link for the conference. Please contact us by the week prior to the conference if you have lost your link.

## Thursday, October 26th (6 CEUs)

8:15am - 8:30am

Welcome/Housekeeping

Chris Boyster, Executive Director, ICB

8:30am - 11:45am

Workshop I Building a "Beloved Community" Benneth Lee, MA, CADC

This workshop will describe and demonstrate how the four elements and three levels of the "Beloved Community" will enable formerly incarcerated men and women to become a nonviolent person and build relationships that result in a beloved Brother and Sisterhood. Participants will understand what they need to be educated on, how to sustain themselves, console themselves and celebrate themselves. How to sustain relationships and community norms will also be discussed.

#### Workshop J

Women and Substance Use: Providing Gender-Responsive Practices in Treatment Settings Victoria Wynecoop-Abrahamson, LSW and Jami Wilson

Women who are impacted by substance use concerns often experience unique barriers that can be overlooked within traditional treatment settings. These barriers can be especially complex for women impacted by poverty, women of color, LGBTQ women and people who are pregnant or parenting, highlighting the need for equity-based approaches in gender-responsive care. To center gender-responsive care in substance use treatment services, it is vital to foster relational environments. This workshop will focus on implementing these relational environments by addressing the holistic needs of women that include mental and physical health, family and healing from trauma. It will support SUD counselors and recovery specialists to collaborate and discuss what creating these healing spaces can look like and consider the unique circumstances that the women experience interpersonally and within their communities.

11:45am - 12:45pm Lunch

12:45pm - 1:00pm

Housekeeping

1:00pm - 4:15pm

Workshop K

Specialized Substance Use Disorders Treatment for Adolescents and Emerging Adults Mark Sanders, LCSW, CADC

This workshop highlights the unique treatment needs of adolescents and emerging adults with substance use disorders. It will include information on engagement, evidence-based approaches and family focused therapy. Emphasis will be placed upon race, equity and substance use disorders treatment with this population.

#### Workshop L

Recovery Support: Unlocking the Potential of the Recovery Community Mike Tyson, CPRS

Illinois is currently experiencing a severe shortage of mental and behavioral healthcare workers. We have long understood the benefits of people in recovery supporting each other but how do peer professionals fit into a field that has traditionally relied upon clinical experience? Unlocking the Potential of the Recovery Community explores the field of recovery support and the role peer professionals play in the continuum of care.

4:15pm

**Adjourn** 

### 2023 ICB Spring Conference Sponsorship

Sponsorship options are now available to purchase for the 2023 ICB Fall Conference. Most are use to doing this in person but now it's time to fire up those laptops and connect online! We would be grateful if you would consider becoming a sponsor of the ICB Conference, your dedication and loyalty go a long way here at ICB. Check out the options we have below. Simply choose an option and submit with payment to ICB by October 6, 2023. Should you need further details contact Dianne Williams at 217/698-8110 or email at Dianne@iaodapca.org

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#### Payment Information

Enclosed is check #	made payable to ICB in the amount of \$			
I wish to pay by: VISA _	MASTERCARD	a 3.75% transaction fee is assessed when using a debit/credit card		
Card number		<del>-</del>		
Exp Date	Security Code	_ (last 3 numbers on the back of your card)		
Name on credit card				
Credit Card Billing Address				
City	State	Zip		

### $^{27 ext{th}}$ Annual ICB Virtual Fall Conference

October 24-26, 2023

### Registration Instructions

- Registrations must be received by October 6, 2023.
- Requests to cancel registration must be in writing and received prior to October 6, 2023.
- Cancelled registrations will be assessed a \$25.00 administrative fee.
- Registrations cancelled after October 6, 2023 will not be refunded.

PRINT LEGIBLY Check if new address					
First NameN	/II Last Name				
Agency name as it is to be listed on nametagplease lim	it to 25 characters, including spaces (abbrevia				
Address (home address only)					
City	State		Z	Zip Code	
Email Address (Required)					
Work Telephone ( ) ext., _	Home Telephone ( )_				
ICB Certification#	Certification Level _				
ICB Registration#	Board Registered L	evel			
(CODP, RDDP, MAATP)					
Please select date(s) &	workshops yo	u wil	lbe	attend	ing:
Tuesday, October 24, 2023		Member*	TOTAL	Non-Member	TOTAL
AM Workshop (A or B) PM Workshop (C or D) Choose one workshop for AM and choose one for PM	1 Workshop Only	30.00		35.00	
Wednesday, October 25, 2023	Single Full Days	60.00		65.00	
AM Workshop (E or F) PM Workshop (G or H) Choose one workshop for AM and choose one for PM	Entire Conference	180.00		195.00	
Thursday, October 26, 2023	ICB ATP Students Per Day**	50.00		-	
AM Workshop (I or J) PM Workshop (K or L)  Choose one workshop for AM and choose one for PM	TOTAL				

 ${}^*\text{Member includes certified, registered, or in the application process with ICB}.$ 

\*\*Student refers to person not currently certified by ICB and currently enrolled in an **ICB accredited training program**.

Students must attach a copy of their student ID when submitting their registration form

MAIL REGISTRATION TO: ICB, INC. 401 E. Sangamon Ave., Springfield, IL 62702 or

Email: info@iaodapca.org

## $^{27 ext{th}}$ Annual ICB Virtual Fall Conference

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	<u>PAYMENT</u>	
I WISH TO PAY BY: { } Check	{ } Credit Card (VISA & MasterCard ONLY)	{ } Voucher (must attach to registration)
Please note, a 3.75% transaction fee for thos	e using credit/debit cards will be charged.	
Printed name on card		
Card Number		
Amount to be charged \$	Expiration Date	Security Code(Three digit number on the back of the credit card.)
Billing Address		
City	State Zip Code	Telephone
Signature		Thank you!
COMPLETE ONLY IF	AGENCY IS TO PAY FULL OR	PART OF THE REGISTRATION FEE
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The individual is responsible.		ot submit payment.
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<ul> <li>The individual is responsible.</li> <li>CEU certificates will not be</li> <li>Agency payment option is a process with ICB.</li> <li>Indicate amount to be paid \$</li> <li>Business name and address</li> </ul>	ole for payment of fee if the agency does not issued to any registrant who has an outstanvailable for ICB Members only. Members	ot submit payment.  anding conference registration fee.  include certified, registered, or in the application

#### REGISTRATION AND CANCELATION POLICY

A COPY OF THIS REGISTRATION FORM MUST ACCOMPANY AGENCY PAYMENT FOR PROPER CREDIT.

Please return the registration form in this brochure with full payment (check, money order or VISA/MasterCard). You may also register by emailing completed registrations to info@iaodapca.org with payment (VISA/MasterCard). Neither incomplete registration forms, nor registration forms without signature and/or the billing address where the credit card statement is mailed, will be processed. Registrations must be pre-paid by October 6, 2023.

Cancellation requests must be in writing and received by ICB prior to October 6, 2023. A \$25.00 administrative fee will be assessed to all cancellations prior to October 6, 2023. Registrations cancelled after October 6, 2023 will not be refunded. Pre-registrants who fail to attend without notification are liable for the full registration fee.