Race and Equity
List of Topic Areas

- Self-Knowledge, Self-Awareness, and Reflective Practice

- Culturally-specific strengths and resources that aid in recovery
  - Including a discussion of recovery capital
  - Awareness of and caution to not reinforce any stereotyping bias

- Culturally-specific barriers and risks (awareness and how to address)
  - Systemic/structural inequities
  - Intersectionality
  - Implicit bias and microaggressions
  - Historical, intergenerational, collective, and migration trauma
    - “War on drugs” failures

- Evidence-based culturally responsive care
  - Evidence-based approaches tested with racially diverse populations
  - Adapting evidence-based approaches to be responsive to individual, family, and community culture and context
  - Model programs

- Cultivating and sustaining diverse organizations
  - Hiring, supporting, retaining, and promoting diverse teams

- The above list is not comprehensive, but is to provide guidance on racially equitable and culturally responsive knowledge, skills and practices for a counselor to obtain.
Race and Equity
List of Possible Sources of Trainings

- National Association of Social Workers
  See website’s list of continuing education under Racial Justice Training
  https://www.socialworkers.org/Practice/Ethnicity-Race/Racial-Justice/Training

- Netsmart
  Cultural Competence: The Immigrant Experience, Ethnicity and Families
  https://www.mylearningpointe.com/StoreViewDetail.asp?SID=&cID=1892512&bID=0&rootClassId=0

- Netsmart
  Cultural Competence: The Immigrant Experience, The Impact of Migration on Families
  https://www.mylearningpointe.com/StoreViewDetail.asp?SID=&cID=1892531&bID=0&rootClassId=0

- Relias Academy
  Understanding and Addressing Racial Trauma in Behavioral Health
  https://reliasacademy.com/rls/store/browse/productDetailSingleSku.jsp?&productId=c1110646

- Southeast ATTC
  See website for possible upcoming events/courses
  https://attcnetwork.org/centers/southeast-attc/home

- US Department of Health & Human Services
  Improving Cultural Competency for Behavioral Health Professionals
  https://thinkculturalhealth.hhs.gov/education/behavioral-health

- University of Illinois Chicago
  See website for possible upcoming events/courses
  https://socialwork.uic.edu/community-impact/training-institute-for-school-social-work-professionals/

- The above list of sources of trainings is not comprehensive or mandatory. It has been developed as a resource for possible options to obtain the race and equity education hours. The Illinois Certification Board will continue to research other available sources to add to the list for applicants.